

More Resources from The PE Specialist



Over here at ThePEspecialist.com we are working hard to give you as many resources as possible to help you become a better teacher.

We know that when you teach better lessons, save time planning and become a PE rockstar that ultimately results in kids living a more active lifestyle - and that's what we're all about!

Below you'll find some links to more resources on our site that we hope you'll find helpful as you take the next step on your teaching adventure.

- **Management Strategies and Tips**

- [The Conflict Corner](#)
- [Daily Self Assessment](#)
- [Home Base Spots](#) (Assigned seats in PE)
- [How to plan out your year of PE](#)
- [The Good Sportsmanship Code](#)
- [Shoes, Injuries and Time Out Form](#)

- **Lesson Ideas and Unit Overviews**

- [How to Teach Jump Rope in Phys Ed](#)
- [How to Teach Gymnastics in Phys Ed](#)
- [How I do Fitness Testing \(Fitnessgram\)](#)
- [How I teach Hula Hooping in Phys Ed](#)
- [Frisbee Station Ideas](#)
- [Jump Rope for Heart Tips](#)
- [Using Exercise Posters for Warmups and Workouts](#)
- [Warmup and Instant Activity Ideas](#)
- **Team Building Games:** [Cross the River](#), [Pass the Frog](#), [Hula Hut Relays](#), [Adventure Bingo](#)
- **Basketball Ideas:** [Teaching Ball Handling](#) & [Teaching Passing and Shooting](#)
- **Throwing Games:** [Boom City](#), [Monster Ball](#), [Hula Hut Throwdown](#), [Fire and Ice](#)

- **Music and Dance**

- [My Phys Ed Music Playlists](#)
- [Teaching Dance With Mr. Chris](#)

- **Technology Tips**

- [My Complete Technology Tools Overview](#)
- [Using Google Forms + iPads to Survey your students](#)

- **The PE Specialist Membership Program**

- [Everything we've ever created: Lesson Plans, E-courses, Printables and Support](#)

